

Seeing

Michael E. Stone

Too self-occupied to see anything,
It takes a kick to open my eyes,
never mind make me see.

The Gnostics said that
the body puts the soul to sleep.

In dance Chasidim close their eyes.
If they see — are not just to be seen —
it is with the third eye.

Body exists;
not to be avoided.
nor transcended,
but accepted,
enjoyed,
incorporated.

Body dies
but vision lives.